

ALLERGEN KEY

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WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Pork Sausage Roll (8,14)	Baked Potato with a choice of Tuna (3) Mayo (9) Cheese (4) or Beans	Korma Chicken Curry	Pork & Beef Meatballs (8,9) with Spaghetti (8)	Crispy Haddock Fillet (3,8)
	Vegetarian Sausage Roll (8,14) (VE)	Turkey Burger (4,8) in a bun	Korma Vegetable Curry (VE)	Vegetarian Meatballs (7) with Spaghetti (VE)	Pizza, Cheese & Tomato (4,8) (VE)
	New Potatoes, Baked Beans & Mixed Salad	Homemade Coleslaw (9) & Mixed Salad	Egg Fried Rice & Naan Bread (8)	Garlic Bread (8), Salad, Peas & Sweetcorn (mixed)	Chips, Baked Beans, Mushy Peas or Curry Sauce (4,5)
DESSERT	Carrot Cake (4,8,9)	Homemade Flapjack (4,8)	Chocolate Brownie (4,8,9) with Custard (4)	Iced Sprinkle Cake (4,8,9)	Shortbread (4,8)
DAILY	<u>SANDWICHES AVAILABLE DAILY</u> Ham, Cheese (4), Tuna (3,9), Ham & Cheese (4) or Egg Mayonnaise (9) on 50/50 or Brown Bread. Seabrooks, Plain Salt & Vinegar, Cheese and Onion Crisps		<u>DESSERTS AVAILABLE DAILY</u> Fresh Fruit, Fat Free Yoghurt (4), Cheese & Biscuits (4,8). Ice Cream Pots (4) or Ice Lolly on request.		

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WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Chicken Goujon Wrap (8) with cheese (4)	Baked Potato with a choice of Tuna (3) Mayo (9) Cheese (4) or Beans	Beef Lasagne (4,8)	Pork Sausage (8,14), Egg (9), & Bacon	Crispy Haddock Fillet (3,8)
	Vegan ChiQin Strip wrap (8) with cheese (4) (VE)	Ham & Cheese or Cheese Toastie (4,8)	Vegetable Lasagne (4,8) (VE)	Veggie Sausage, Egg (9) & Vegan Bacon (VE without egg)	Cheese Quiche (4,8,9) (V)
	Roasted Diced Potatoes, Mixed Salad	Homemade Coleslaw (9) & Mixed Salad	Potato Wedges, Garden Peas, Carrots & Gravy	Hash Browns & Baked Beans	Chips, Beans, Mushy Peas or Curry Sauce (4,5)
DESSERT	Chocolate Cornflake Slice (4,8)	Lemon Muffin (4,8,9)	Marble Cake (4,8,9) with or without Custard (4)	Chocoate Mousse (4) or Jam & Cream Scone (4,8,9)	Tiffin (4,8,14)
DAILY	<u>SANDWICHES AVAILABLE DAILY</u> Ham, Cheese (4), Tuna (3,9), Ham & Cheese (4) or Egg Mayonnaise (9) on 50/50 or Brown Bread. Seabrooks, Plain Salt & Vinegar, Cheese and Onion Crisps		<u>DESSERTS AVAILABLE DAILY</u> Fresh Fruit, Fat Free Yoghurt (4), Cheese & Biscuits (4,8). Ice Cream Pots (4) or Ice Lolly on request .		

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