Options Barton

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Lincolnshire Sausages & Gravy **CONTAINS CEREAL CONTAINING GLUTEN**	Baked Potato with a choice of Tuna Mayo **FISH, EGG** Cheese **MILK** or Beans	Sliced Roast Chicken Breast	Cheeseburger **MILK, CEREAL CONTAINING GLUTEN**	Crispy Haddock Fillet **FISH, CEREAL CONTAINING GLUTEN**
	Vegan Sausage & Gravy	Pepperoni Pitta Pizza **MILK, CEREAL CONTAINING GLUTEN**	Vegan Quorn Fillet **CEREAL CONTAINING GLUTEN**	Cheese & Tomato Pasta with Garlic Bread **MILK, CEREAL CONTAINING GLUTEN**	Veggie Burger No Bun **SOYA, CEREALS CONTAINING GLUTEN**
	Mash Potato **MILK** Baked Beans or Garden Peas	Homemade Coleslaw **EGG** & Mixed Salad	Yorkshire Pudding Stuffing **CEREALS CONTAINING GLUTEN, EGG, MILK** Roast Potato, Carrots, Cauliflower & Gravy	Mixed Salad & Homemade Coleslaw **EGG**	Chips, Mushy Peas, Baked Beans or Curry Sauce **MILK, MUSTARD**
DESSERT	Rice Crispy Cake **MILK, CEREAL CONTAINING GLUTEN**	Butterfly Buns **MILK, CEREAL CONTAINING GLUTEN, EGG**	Jam & Coconut Sponge with or without custard **MILK, CEREALS CONTAINING GLUTEN, EGG**	Iced Chocolate Sprinkle Cake **MILK, CEREALS CONTAINING GLUTEN, EGG**	Oat Cookie **MILK, CEREALS CONTAINING GLUTEN, EGG**
DAILY	SANDWICHES AVAILABLE DAILY Ham, Cheese **MILK** Tuna **FISH, EGG** Ham & Cheese **MILK** or Egg Mayonnaise **EGG** on 50/50 or Brown Bread**. CEREALS CONTAINING GLUTEN** Seabrooks Crisps			DESSERTS AVAILABLE DAILY Fresh Fruit, Fat Free Yoghurt **MILK** Cheese & Biscuits **MILK, CEREALS CONTAINING GLUTEN** Ice Cream Pots **MILK**	

Options Barton

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Pork Sausage Roll **CEREALS CONTAINING GLUTEN, SULPHITES**	Baked Potato with a choice of Tuna Mayo **FISH, EGG** Cheese **MILK** or Beans	Korma Chicken Curry **MILK**	Pork & Beef Meatballs with spaghetti **EGG, CEREAL CONTAINING GLUTEN**	Crispy Haddock Fillet **FISH, CEREAL CONTAINING GLUTEN**
	Vegetarian Sausage Roll **CEREALS CONTAINING GLUTEN, SULPHITES**	Chicken Burger in a bun **CEREALS CONTAINING GLUTEN, MILK**	Korma Vegetable Curry **MILK**	Vegetarian Meatballs with Spaghetti **SOYA**	Pizza, Cheese & Tomato **MILK, CEREAL CONTAINING GLUTEN**
	New Potatoes, Baked Beans & Mixed Salad	Homemade Coleslaw **EGG** & Mixed Salad	Egg Fried Rice & Naan Bread **EGG, SOYA,CEREALS CONTAINING GLUTEN**	Garlic Bread **CEREALS CONTAINING GLUTEN** Salad, Peas & Sweetcorn (mixed)	Chips, Mushy Peas, Baked Beans or Curry Sauce **MILK, MUSTARD**
DESSERT	Carrot Cake **MILK, SOYA, CEREAL CONTAINING GLUTEN, EGG**	Homemade Flapjack **MILK, CEREAL CONTAINING GLUTEN**	Chocolate Brownie with Custard **MILK, CEREAL CONTAINING GLUTEN, EGG**	Iced Sprinkle Cake **MILK, CEREAL CONTAINING GLUTEN, EGG**	Shortbread **MILK, CEREAL CONTAINING GLUTEN**
DAILY	SANDWICHES AVAILABLE DAILY Ham, Cheese **MILK** Tuna **FISH, EGG** Ham & Cheese **MILK** or Egg Mayonnaise **EGG** on 50/50 or Brown Bread **CEREALS CONTAINING GLUTEN** Seabrooks Crisps			DESSERTS AVAILABLE DAILY Fresh Fruit, Fat Free Yoghurt **MILK** Cheese & Biscuits **MILK, CEREALS CONTAINING GLUTEN** Ice Cream Pots **MILK**	

Options Barton

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAINS	Chicken Goujon Wrap with cheese **CEREALS CONTAINING GLUTEN, MILK**	Baked Potato with a choice of Tuna Mayo **FISH, EGG** Cheese **MILK** Beans	Beef Lasagne **MILK, CEREAL CONTAINING GLUTEN**	Pork Sausage Egg & Bacon **CEREAL CONTAINING GLUTEN, EGG, SULPHITES**	Crispy Haddock Fillet **FISH, CEREAL CONTAINING GLUTEN**
	Vegan ChiQin Strip wrap with cheese **MILK, CEREALS CONTAINING GLUTEN**	Ham & Cheese or Cheese Toastie **MILK, CEREALS CONTAINING GLUTEN**	Vegetable Lasagne **MILK, CEREALS CONTAINING GLUTEN**	Veggie Sausage, Egg (9) & Vegan Bacon **EGG**	Cheese Quiche **MILK, CEREALS CONTAINING GLUTEN, EGG**
	Roasted Diced Potatoes, Mixed Salad	Homemade Coleslaw **(EGG)** & Mixed Salad	Potato Wedges, Garden Peas, Carrots & Gravy	Hash Browns & Baked Beans	Chips, Mushy Peas, Baked Beans or Curry Sauce **MILK, MUSTARD**
DESSERT	Chocolate Cornflake Slice **MILK, CEREALS CONTAINING GLUTEN**	Lemon Muffin **MILK CEREALS CONTAINING GLUTEN, EGG**	Marble Cake with or without Custard **MILK CEREALS CONTAINING GLUTEN, EGG**	Chocolate Mousse or Jam & Cream Scone **MILK, CEREALS CONTAINING GLUTEN**	Tiffin **CEREALS CONTAINING GLUTEN, MILK, SULPHITES**
DAILY	SANDWICHES AVAILABLE DAILY Ham, Cheese **MILK** Tuna **FISH, EGG** Ham & Cheese **MILK** or Egg Mayonnaise **EGG** on 50/50 or Brown Bread. **CEREALS CONTAINING GLUTEN** Seabrooks Crisps			DESSERTS AVAILABLE DAILY Fresh Fruit, Fat Free Yoghurt **MILK** Cheese & Biscuits **MILK, CEREALS CONTAINING GLUTEN** Ice Cream Pots **MILK**	